

December 4, 2020

Because God loves you, He Provides- Part 178

Did you know that God loves you more than anyone else could ever love you?

God proves His love to you by **His consoling love**. **Ps. 94:19**, ***“When anxiety was great within me, Your consolation brought me joy.”***

The Hebrew for *consolation* is **tan chu mei cha** which means *to comfort, console, give solace or compassion*. I think we can all attest to the feelings of anxiety from time to time. The pressures of this life can sometimes seem overwhelming and even daunting to say the least. These thoughts can lead us to feel like there is no hope. We can become frustrated, disappointed and even depressed. In fact, anxiety can lead to many physical and mental diseases. Enter in the amazing encouragement of God through His word. I like how one translation renders this verse: ***“Whenever my busy thoughts were out of control, the soothing comfort of Your presence calmed me down and overwhelmed me with delight.”***

That is the supernatural power of God’s Spirit. He can come along side us and bring a calmness in the midst of great anxiety. That’s why Paul exhorted the church in Philippi in **Phil. 4:6-7**. ***“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”***

Dear Father, help us to put these words into action in our lives. Help us to turn to You when we are feeling down or overwhelmed. We know that You are all the help that we will ever need. In Jesus Name, Amen